

Elevate Her – Young women support worker

Role Information		
Role Title: Young women support worker	Reports to: Self-Help Groups Manager	Salary: £25,070 – (0.4 wte). Actual - £10,028.
Service: Elevate her	Location: MhIST and community	Hours: 14.5 hours per week, working mostly during normal office hours. There may be occasional evenings and weekends.
About MhIST <p>Mental Health Independent Support Team (MhIST) aims to create a society where people with mental health problems are accepted and empowered to improve their quality of life. We do this by providing a friendly, safe, and positive environment for people who experience mental health problems. We give people the skills and tools to self-manage their emotional wellbeing.</p> <p>MhIST works in Bolton, employs 21 staff and has a team of over 100 volunteers.</p>		
Scope of the job <p>Elevate Her is a project where you will actively seek out and support young women aged 16 to 25 who without this additional level of support would be unlikely to access services. You will work with individuals holistically to plan, support, and help them achieve the goals and outcomes that are important to them.</p> <p>You're the person who can help individuals access the right help at the right time.</p> <p>Our young women support workers understand their communities and the wide range of services available within them. They are passionate about getting it right, able communicators and focused on using their experience to connect people with the help they need in their own communities.</p> <p>Working daily with clients, health professionals, volunteers and service providers the young women support workers are focused on making sure a person's journey to better wellbeing is as easy as possible. Brokering existing service and helping to develop new local provision, liaising with primary and secondary health care professionals, checking in on progress and making sure we can evidence the outcomes of the service are all important facets of the job – a job that makes a real difference in the lives of people.</p> <p>This role is perfect for females with experience of working within a community mental health and or wellbeing setting using a case management approach. A practical understanding of primary and secondary care with the ability to champion and embrace change would be useful. The successful candidate will have a solution focussed approach, be highly organised and be able to deliver to agreed service specifications and outcomes.</p>		

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Key Activities

- Work with young women in a case management function to develop, implement and review their wellbeing action plan including 1-2-1 and group sessions.
- To assess the needs of individuals identifying outcomes and determining the type of support required to overcome barriers and achieve outcomes.
- To undertake, review and amend risk assessments in relation to activities, clients and the environment.
- Signpost to existing community assets within Bolton mental health services and the wider network, which will support the young woman in her achievement of wellbeing goals including health behaviour, sports and leisure, arts and culture, statutory agencies and monitor positive engagement.
- Undertake post programme tracking to identify whether the young woman has maintained her level of well-being and identify any risk to achieving this.
- Supervise and guide volunteers to provide young women with additional support to access community provision, thereby creating a 'circle of support'.
- Be fully responsible for all tasks related to journey / case management function including maintaining effective and efficient administrative procedures producing appropriate records and reports, including the updating of client details on the relevant case management system.
- Ensure safe working practices are maintained as set out within MhIST policies/procedures.
- To encourage client feedback and user involvement as required.
- To build relationships and liaise regularly with GP surgeries [and GP federation staff] aligned to caseloads and to work across the primary care interface with all other stakeholders attending relevant meetings when required.
- To develop and maintain an in-depth knowledge of the local provision, programme provision of relevant agencies and opportunities pertaining to wellbeing.

Women only applicants can apply for the post as this is an occupational requirement in accordance with paragraph 1, schedule 9 of the Equality Act under section 7.2e of the Equality Act 2010.

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Person specification

Competencies	
1	Embraces change and drives continuous improvement.
2	Demonstrates a passion to further the charitable aims of MhIST and acts with integrity.
3	Collaborates and unites with others behind the organisations mission.
Technical competency (qualifications and training)	
4	Minimum of 5 GCSEs (A to C) or equivalent qualifications.
5	Relevant additional training in the health and social care field such as safeguarding, motivational interviewing, mental health awareness.
6	Health or social care recognised qualification.
Experience, Knowledge and Skills	
7	Experience of delivering mental health and wellbeing interventions using a case management approach.
8	Knowledge of primary and secondary care mental health services.
9	Experience of facilitating and supporting clients with complex and/or multiple barriers to success in health and social care settings.
10	Able to demonstrate being organised, have good planning skills and be able to deliver to agreed targets.
11	Understanding of inclusion, mental health, and anti-stigma.
12	Knowledge of health and social care system and the application of wellbeing and prevention.
13	Ability to facilitate, engage, motivate, and support clients and their carers where appropriate.
14	A motivational, flexible and problem-solving approach.
15	Positive attitude to mental health, community connectivity and a strengths and assets based focus to engaging with individuals.
16	Ability to work on own initiative, as well as in consultation and negotiation with managers and other stakeholders as required.
17	Excellent interpersonal, communication and presentation skills demonstrating the ability to convey complex messages clearly.
18	Flexibility to cope with the varying demands of the role, managing time effectively to achieve the desired results and willing to travel with possible overnight stays.
Safeguarding	
19	Be able to display an awareness, understanding and commitment to the protection and safeguarding of young women in particular and vulnerable adults in general.
20	This post requires an enhanced DBS disclosure with the additional barring checklist for vulnerable adults.