

Job Title: Young women support worker.

Salary: £25,070 – (0.4 wte). Actual - £10,028.

Hours: 14.5 hours per week

Contract Term: Permanent subject to probation.

Holiday: 22 days annual leave, rising to 27 after 5 years of service (pro rata).

Public holidays: Normally 8 days bank holiday.

Pension: Non-contributory pension plan.

Location: Bolton town centre.

Application deadline: Thursday 15th February 2024 at 23:59.

Overview of the role

Background:

This is an exciting opportunity to play an important role in the development of a new project, Elevate her, focusing on the mental health of young women in Bolton.

Elevate Her is a project where you will actively seek out and support young women aged 16 to 25 who without this additional level of support would be unlikely to access services. You will work with individuals holistically to plan, support, and help them achieve the goals and outcomes that are important to them.

You're the person who can help individuals access the right help at the right time.

Our young women support workers understand their communities and the wide range of services available within them. They are passionate about getting it right, able communicators and focused on using their experience to connect people with the help they need in their own communities.

Working daily with clients, health professionals, volunteers and service providers the young women support workers are focused on making sure a person's journey to better wellbeing is as easy as possible. Brokering existing service and helping to develop new local provision, liaising with primary and secondary health care professionals, checking in on progress and making sure we can evidence the outcomes of the service are all important facets of the job – a job that makes a real difference in the lives of people.

This role is perfect for females with experience of working within a community mental health and or wellbeing setting using a case management approach. A practical understanding of primary and secondary care with the ability to champion and embrace change would be useful. The successful candidate will have a solution focussed approach, be highly organised and be able to deliver to agreed service specifications and outcomes.

MhIST is a Bolton based, user led mental health charity. We have been in existence since 1992 and are planning significant developments in our service offering. MhIST already offers support to over a thousand people a year and we know that this

number is only scratching the surface of need. Our existing services include advocacy, self-help and talking therapies, all delivered by teams of experienced and trained professionals.

About MhIST

Mental Health Independent Support Team (MhIST) aims to create a society where people with mental health problems are accepted and empowered to improve their quality of life. We do this by providing a friendly, safe, and positive environment for people who experience mental health problems. We give people the skills and tools to self-manage their emotional wellbeing.

MhIST works in Bolton, employs 21 staff, and has a team of over 100 volunteers.

The role:

The young women support worker fits within and alongside the other team members of MhIST. We have two young women support worker posts to fill.

In the role you will begin to develop an understanding of how you can best help and begin to build a relationship that feels safe.

You will help the young woman her to draw up a list / action plan by prioritising the various problems that need to be resolved.

Together you will then begin to plan to resolve those various problems either through an internal route such as counselling or external routes such as the DWP.

In the case of an external route you will make the necessary arrangements to visit the external agency with the young woman. You will attend with the young woman for as long as she needs. We hope to empower the young woman giving confidence for her to eventually be able to attend meetings alone. We call this 'warm navigation'. Warm navigation is the central plank of what we are aiming to offer, and we will use this idea to help young women feel safe and in control of their progress and situation.

The deadline for applications is: **Thursday 15th February 2024 at 23:59**

Application packs can be downloaded from our web site or requested from jobs@mhist.co.uk. Please return completed forms to: jobs@mhist.co.uk. Or if you prefer to return a hardcopy to:

Jobs
MhIST
1st Floor, Moorland House
116 Bark Street
Bolton
BL1 2AX

If you would like to discuss this opportunity, please contact Melvin Bradley on 01204 527200.