

Digital World

Monday 1:15 - 2:45
Moorland House, Bark Street, BL1 2AX

Digital World Group



Do you need support?

Do you need support with technology? Feeling isolated from the world?
Contact: christine.makinson@mhst.co.uk or 01204527200

- Does modern technology frighten you?
- Do you want to understand more about the digital world?
- Needing to learn from the beginning?
- Looking for a safe and supportive space to learn?

If you answered yes to any of the above, come along and learn how to confidently use technology.

1

HAVE A BREW

Come in, get comfortable and have a drink!

2

CHECK IN

We have a weekly check in to speak to each group member individually.

3

EXPLORE

Explore different technology and learn how to confidently use it.



Group Setting

By having a group setting, people relate and support one another.



Have A Brew

Tea, coffee, milk and sugar is available for all members.



WhatsApp

We have a WhatsApp group for all members to chat outside of group times.

