MHIST

Autism Group

Fortnightly on Mondays 5:00 - 7:00 Moorland House, Bark Street, BL1 2AX



Do you need support?

Do you want to meet people like you? Who understand what you are going through?

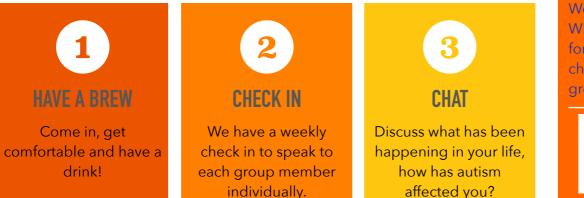
Contact: christine.makinson@mhist.co.uk or 01204527200

Do you have a NHS diagnosis of Autism?

Are you aged 18+, independent and can attend the group without support? If the answer to the above questions is YES, then the Autism group may be for you. The Autism Group runs fortnightly on Monday evenings by appointment only.

For clarification -

Independent means you can attend the group without the support of a care worker, family, friends, or anyone else.





Group Setting By having a group setting, people relate and support one another.



Have A Brew Tea, coffee, milk and sugar is available for all members.



WhatsApp We have a WhatsApp group for all members to chat outside of group times.

