

MhIST, Mental Health Independent Support Team

**Annual General Meeting held at Bolton Parish Hall Wednesday 26th
November 2008 at 1pm**

Present: Ian Taylor (Chair), Sylvia Dobinson (Director), Peter Wright, Noel McNabb (Director), Linda Latchford, Geraldine Roohan, Kath Lewis, John Sumner (Treasurer), Michael Hope (Director), Flo Standish, Enid Barlow, Charlie Willcock, Aileen Holt, Dorothy Cocker, Gill Latham, Sue Colton, JP Quinlan, Gary Monks, James Cleghorn, Hanna Ahmed, Nadine Ashcroft, Rita Liddell, Sheila Tracey, Steve Lenehan, Ellen Hodson (Director), Sandra Clarkson (Director), Gerald Prescott, Mike Wilson, Julie Larkin.

In Attendance: Melvin Bradley, Judith Sumner, David Procter (Independent Examiner).

Apologies: Emma Greenough, Heather Fairfield, Christine Parker, Champa Mistry, Gay Ryder, Miranda Washington, Dr Iddon, Delia McGeehan, A.McKenzie, Jill Roberts, Peter Worsley, Dorothy Cocker, Bobby Pattison, Hilary Mercer, Mita Sykes, Peter Kearsley, Andrew Kilpatrick, John Rutherford.

Welcome.

Ian opened the meeting by introducing himself and welcoming everyone to the meeting.

Confirmation of the minutes of the last meeting.

Were proposed by Ellen Hodson and seconded by John Sumner.

Election of Directors.

Sylvia Dobinson has been elected by the advocacy team.
Noel McNabb has been elected by the office team.
Jill Roberts has been elected by the depression group.

Chair' Report.

Ian read his report which is wholly contained in the accounts.
Aileen Holt asked for an explanation of I –TRAC which was given by Ian Taylor, Melvin Bradley, Rita Liddell and Jayne Wood.

Retirement presentations.

Flo Standish and Enid Barlow were thanked for their creation and contribution to MhIST over the years and were presented with flowers, chocolates and hand made cards. They both decided to contribute their retirement gifts of £100 each back to MhIST and this gesture is greatly appreciated.

Independent examiners report.

David Procter presented the accounts and gave his report which is wholly contained within the accounts. Nadine Ashcroft praised the positive turnaround MhIST has achieved recently. Sheila Tracey and J.P. Quinlan asked questions which were appropriately answered.

Appointment of independent examiners.

Ian Taylor proposed and John Sumner seconded the reappointment of “David Procter Accountancy Services Limited” as the independent examiners for the ensuing year.

Jayne Wood – Healthy Heads.

Jayne Wood, Health Improvement Specialist (Mental Health) for the Bolton Primary Care Trust gave a presentation on “Healthy Heads @ MhIST”, MhIST being a pioneer in the programme. There is a well being awareness and skill building day for all group members, and a staff training and wellbeing away day for staff and volunteers. Sheila Tracey and Hanna Ahmed asked questions which were appropriately answered. Comments were made to Jayne Wood about her presentation by Gill Latham which Jayne said she would consider. JP Quinlan offered to link with Jayne regarding artistic input and she invited him to e-mail her.

Kelly Hodgkinson and Judith Johnson – Psychosis Suicide Prevention Programme.

Kelly and Judith are university researchers. Judith explained the programme and invited people who have psychotic incidents to be involved in studies being undertaken by the University of Manchester. Questions were asked by Gill Latham, Sandra Clarkson, JP Quinlan Peter Wright and Steve Lenehan and were appropriately answered. Comments were made by Sheila Tracey, Ellen Hodson and these were acknowledged. Jayne Wood offered to share findings with Kelly and Judith from the Suicide Audit 2006.

Any Other Business.

Aileen Holt asked why carers didn't seem to be mentioned anymore and Flo Standish said that MhIST used to be for carers and service users. Melvin said he usually referred carers to Making Space. Judith Sumner added that counselling and advocacy were both available at MhIST for carers.

Steve Lenehan and Aileen Holt, JP Quinlan and Peter Wright all asked about the likelihood of MhIST relocating in the near future. Melvin Bradley replied that MhIST is always looking for new property as the lack of disabled access at the Chorley New Road property is a constant concern. Various other questions about the premises were asked and suitably answered by Melvin Bradley.

Gill Latham commented that the Bolton Parish Church Hall venue was cold. Her observation was noted.

JP Quinlan introduced himself as the new editor of the MhIST newsletter “One In Four” and invited everyone to contact him regarding contributions to further editions.

Date of next meeting.

The half yearly AGM will be held on Wednesday 27th May 2009 at 6pm.
The next AGM will be held on Wednesday 25th November 2009 at 1pm.
Venues to be announced.